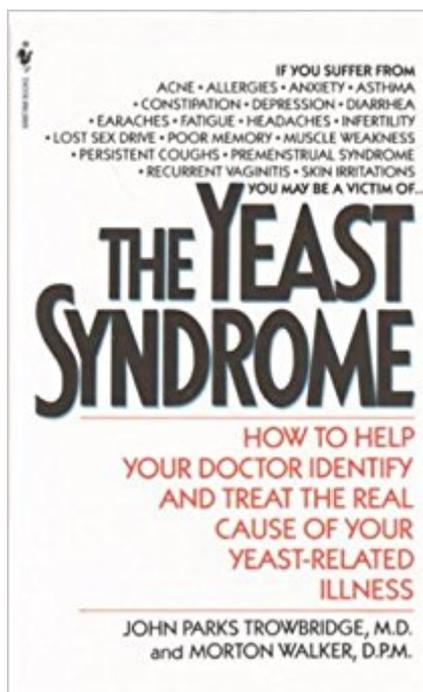


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# The Yeast Syndrome



## Synopsis

Yeast SyndromeSize : BOOKPack of : 1Product Selling Unit : each

## Book Information

Paperback

Publisher: Bantam Books; Reissue edition (1986)

Language: English

ISBN-10: 0553277510

ISBN-13: 978-0553277517

ASIN: B002AE0PSG

Product Dimensions: 6 x 6 x 6 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 61 customer reviews

Best Sellers Rank: #806,550 in Books (See Top 100 in Books) #29 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Candida](#) #3440 in [Books > Health, Fitness & Dieting > Women's Health](#) #28743 in [Books > Parenting & Relationships](#)

## Customer Reviews

Yeast SyndromeSize : BOOKPack of : 1Product Selling Unit : each

Naturopathic Doctor recommended I read this. Came in handy. Interesting read.

Old book. Somewhat outdated info.

I recommend this to EVERYONE who wants to stay healthy or improve their health. Dr. Trowbridge discusses a mostly-unknown epidemic that is responsible for so many illnesses A through Z and is causing havoc in people's lives. Death begins in the colon when the good bacteria gets out of balance and then disease (all of kinds) begins and then one can experience multiorgan malfunction. Health can be restored if proper lifestyle changes are made. Sugar in any form to the chronically ill is the killer, this includes breads, pasta, etc. This book has opened my eyes and I am trying to make adjustments to improved my health, being addicted to sugar is a difficult habit to break unless and until you choose to live rather than die consuming sugar.

As a caregiver who had to educate herself about candida overgrowth in order to help her father with

systemic candida, I can vouch for this particular reference above all the others out there. The diet works, the supplement info is accurate, specific products named (toothpaste, gargle, natural antifungals)-all truly are correct and do work. I have most of the other candida books and cookbooks, but many of them contain inaccurate material. This one volume is a treasure. Yes, you have to study for yourself, and yes, you have to change shopping and food prep habits, but it is all worth it!(I followed the diet myself while dealing with my father's, and I felt well-fed and full of energy ). Every internist out there needs to read and study this book.

An old book but still very applicable today. Full of great info and it helped me make sense of some unusual things that were going on.

This explained so many problems I'd been having . Helped me on this wellness journey...A book all need to read...

This is my second copy of this book. With this book, a person can totally understand, treat themselves, and heal their bodies.

This has lots of information on the yeast syndrome--it was recommended by a friend of mine. It is somewhat intimidating in it's layout, there is so much information it almost feels overwhelming when you're just looking for a simple list of foods to avoid and how to get started without completely throwing out all of the food you currently have in the house. However, I must admit I have not read the entire book--I skipped around through the chapters. I think I will read it cover to cover and possibly update my review at a later time.

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Yeast Infections: Yeast Infections Guide To Treating Yeast Infections And Curing Yeast Infections With Candida Diet Strategies, Candida Recipes And Candida ... Guide To Yeast Infections No More) The Yeast Syndrome: How to Help Your Doctor Identify & Treat the Real Cause of Your Yeast-Related Illness The Yeast Syndrome: How to Help Your Doctor Identify & Treat the Real Cause of Your Yeast-Related Illness Chronic Fatigue Syndrome And Your Emotions: How To Successfully Treat Chronic Fatigue Syndrome In The Natural Way-A Key For Recovery (Chronic Fatigue Syndrome, ... Syndrome Fibromyalgia, Lupus, Book 3) Feast Without Yeast: 4 Stages to Better Health : A Complete Guide to Implementing Yeast Free, Wheat (Gluten) Free and Milk (Casein) Free Living The Yeast Connection and Women's Health (The Yeast Connection Series)

